

**Hawaii Athletic Trainers' Association
24th Annual Virtual Symposium
June 12, 2021**

Registration:

Online registration link can be found on the HATA website at <https://www.hawaiiata.org> or by selecting this link [2021 HATA Registration](#)

Deadline to Register is Friday, June 11 at 4:00 p.m.

An email with the webinar link will be provided the day before the event.

Fees:

Free for HATA/NATA member and nonmembers

Target Audience:

Athletic Trainers and other Sports Medicine Allied Healthcare Professionals

CEU:

The HATA is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program is approved for a maximum of 3.5 Category A CEU. BOC Approved Provider ID: P326

For more information or questions please email
hataceu@gmail.com

Course Schedule:

Saturday, June 12, 2021

8:00 – 9:00 a.m.	<i>Context Matters: Implicit Racial Bias in Hawaii and Healthcare</i> Andrea Hermosura, PhD
9:00 – 10:00 a.m.	<i>Supporting Athletes in the COVID Era: A Surgeon's Perspective on Injury prevention and Care</i> Daniel Lim, MD
10:00 – 11:00 a.m.	<i>Returning Back to Sports After a Break: Lessons Learned During the COVID-19 Pandemic</i> Justin Young, MD
11:00 – 11:30 a.m.	<i>Keynote Address - "How ATs Can Bring COVID to it's knees"</i> Leo Pascua, MD
11:30 – 12:30 p.m.	HATA Business Meeting

Course Objectives:

This course will cover the following clinical topics:

- Context Matters: Implicit Racial Bias in Hawaii and Healthcare
- Supporting Athletes in the COVID Era: A Surgeon's perspective
- Returning Back to Sports After a Break: Lessons Learned During the COVID-19 Pandemic
- How ATs Can Bring COVID to it's Knees

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At the conclusion of this course, participants will be able to:

- To describe how implicit biases are formed and how they can impact patient-provider communication.
- To recognize the role that context plays on implicit biases.
- To identify things that you can do to become aware of and/or change your implicit biases.
- Perspective for Athlete Support – how COVID affects Athletic Trainers and delivery of care.
- Unique COVID environment for athletes – how COVID affects Athletes, unique risks and opportunity.
- Opportunity to Improve our Systems – evaluate and improve how we address and prevent injury.
- Identify common medical conditions on clinical history and exam that may prevent safe return to sport, and therefore, warrant further evaluation by a medical professional.
- Identify and understand the physiological changes of deconditioning on the cardiovascular system during a prolonged break (i.e. pandemic).
- Identify and understand the physiological changes on the cardiovascular system after recovery from COVID-19.
- Identify areas of further research when returning to sports after the COVID-19 pandemic.
- Compare how commonly reported signs and symptoms and timelines may differ for some individuals.
- Evaluate how recovery from COVID can affect mental health.
- Explain how individual COVID recovery may differ/be similar from other conditions.

Level of Difficulty:

Advanced

Speaker Biography

Andrea Hermosura, PhD

Dr. Andrea Hermosura was born in Honolulu and raised in Kaneohe. She now lives in Ewa. She is a Native Hawaiian clinical psychologist at the Queen's Medical Center, Family Medicine Clinic Pali Momi and Paradigm Hawai'i Counseling and an Assistant Research Professor with the Department of Native Hawaiian Health at the University of Hawai'i John A. Burns School of Medicine.

Her work at the Queen's Medical Center focuses on how non-technical skills, provider well-being, and mindfulness can impact patient safety and quality and the culture of psychological safety at work. Her research interests include health disparities, how factors like perceived racism and implicit racial bias impact health inequities experienced by Native Hawaiian and other Pacific Islanders, and community-based participatory research. She received her doctorate from the University of Hawai'i at Manoa and completed her clinical internship at the VA Pacific Islands Healthcare System.

Daniel Lim, MD

Dr. Daniel Lim was born and raised in Honolulu and proud graduate of Hanalei and Iolani School. He graduated from the University of Southern California (USC) with a bachelor's degree in Biomedical Engineering and later earned his medical degree. As a student-athlete, he was a member of

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a NCAA Division I National Championship Water Polo Team at USC, and four Hawaii State Championship Swim Teams with Iolani.

Dr. Lim completed his Orthopedic Surgery Residency at the University of Pennsylvania in Philadelphia. He furthered his Orthopedic specialization at the renowned Kerlan-Jobe Orthopedic Clinic in Los Angeles. His fellowship training included a focus on sports-related injuries, minimally invasive arthroscopic techniques, and complex shoulder conditions. He worked with multiple sports organizations which include the LA Dodgers, LA Rams, USC Athletics, LA Sparks, LA Kings, and the Anaheim Ducks.

His contributions to the medical community include published research, journal articles, and book chapters that were presented at national and international conferences. He remains active in the advancement of Orthopedic Surgery, treatments, and therapies as a reviewer for the American Journal of Sports Medicine.

Dr. Lim currently is an orthopedic surgeon specializing in sports medicine with Orthopedic Associates of Hawaii.

Justin Young, MD

Dr. Justin Young is currently a team physician for the University of Hawai'i at Manoa Athletics Department and core faculty for the University of Hawaii Sports Medicine Fellowship. He is an assistant clinical professor at the John A. Burns School of Medicine department of Family Medicine and Community Health.

When he is not a UH, you will find Dr. Young at Straub Medical Center Bone and Joint Center, Kahala Clinic and Urgent Care. He was born and raised in Hawai'i and attended Iolani School. He later graduated from Internal Medicine in the University of Hawaii and went on to complete a sports medicine fellowship at the Texas Tech University Health Sciences Center at El Paso. Dr. Young is an active member in the American Medical Society for Sports Medicine and Fellow of the Academy of Wilderness Medicine. He has worked with other local community and professional athletic teams, including serving as a visiting team medical liaison for the NFL. His other interest includes kayaking, photography, and hiking.

Leo Pascua, MD

Dr. Leo Pascua was born and raised in Hawaii and currently resides in Wahiawa. He has been a pediatrician since 1996 serving the Wahiawa community previously as the Chief of Staff at Wahiawa General Hospital. He is currently the Chief Medical Officer at IMUA health group in Aiea. He is also an Adjunct Clinical Professor in the department of Family Medicine and Community Health at the John A. Burns School of Medicine. In addition, he also serves as a Pediatric Outpatient Clinical Preceptor at the John A. Burns School of Nursing. He has been involved with high school sports as a team physician for Waialua High School and Pac 5 athletics football.

Last March, he contracted COVID-19 while traveling to New York for his daughter's engagement celebration. He was hospitalized and placed on a ventilator, he survived his life-threatening situation through his faith and courage.